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Nutrition Counseling And Education Skill

Nutrition Counseling and Education Skill Development - Kathleen D. Bauer, Doreen Liou, Carol A. Sokolik - Google Books. Nutrition Counseling and Education Skill Development, 2nd Edition is a step-by-step guide to help entry-level practitioners through the basic components involved in changing food behavior and improving nutritional status.

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NUTRITION COUNSELING AND EDUCATION SKILL DEVELOPMENT helps entry-level nutritional professionals develop a solid foundation in counseling and education principles and evaluation methodologies. Taking a clear, engaging, step-by-step approach, the book includes case studies and first-person accounts and gives students opportunities in every chapter to practice new skills.

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Her applied nutrition counseling experiences extend to wellness programs, fitness centers, hospitals, nursing homes and private practice. A major area of interest has been the development of innovative nutrition education programs and materials for the general public and higher education.

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